

## Meeting with the College players

1. In meeting the players and when you are away from the coach you can ask about the coaching style and if they are demanding and unreasonable with expectations. Do they have the best interest of the student-athlete in mind?
2. How tough is the adjustment from high school to college in terms of managing study and playing?
3. What is the in-season and out-of-season training like and the time frames? If this is a scholarship program then the student-athletes will be expected to train and stay fit throughout the year. College programs training and playing in-season six out of the seven days per week in season. This is a big adjustment to club soccer life though some teams go often 4-5 days per week. The student-athlete will be training and playing for long periods of time as well as traveling away from campus several times for an entire weekend. They will also need to keep up with the academic expectations to maintaining passing grades. A pretty demanding out-of-season of program is also to be expected but it usually isn't six out of the seven days per week. NCAA has time limits on in-season and out-of-season time frames. You should ask about the time frames.
4. What does the team do for fun socially?
5. What are the team's goals and expectations towards winning?
6. Does the university support the program? If yes where is it in the pecking order of the sports programs offered at the school? If not, is winning a championship and getting to the NCAA tournament still expected?
7. Do you like the college and university? If you did not play soccer would you stay at the school and look to graduate?
8. What Academic resources does the Athletic Department provide?
9. How does the Assistant coach interact with the players and with the head coach?
10. How do the captains relate to the team? Do they help set expectations and bring a sense of "team unity and respect" for all team members?
11. Do you feel the training and medical staff support the program and do you have experienced trainers who will work on getting the player back on the field in a timely manner
12. Do the athletes from other programs support one another or is the focus on just one or two teams?